READY WRIST w/ THUMB SPICA
BY MOBILITY BRACES

The **READY WRIST with Thumb Spica** is designed to help support and stabilize the wrist and thumb while assisting in providing pain relief for various indications.

FITTING INSTRUCTIONS

1. Open all straps. Insert hand into brace with thumb going into thumb spica (**A**).

2. Pull lowest base strap through both lower D-rings and then fasten strap back down on itself. Repeat this again with the second strap (**B**). *NOTE: There are 2 D-rings for each strap to keep straps aligned and to help provide more balanced compression and support.* Next, fasten the strap closest to the knuckles (**B2**). All straps on brace should be should be comfortably snug. Adjust as necessary to maximize comfort and support or to accommodate changes in swelling patterns.

3. Fasten thumb spica strap (**C**). Strap should be comfortably snug and hold thumb in a secure position.

4. To improve comfort and to streamline the brace, you can trim the knuckle strap (**D**) and the thumb spica strap (**D2**).

5. Palmar and thumb stays can be removed and bent to better match contour and help maximize comfort if needed.

WARNINGS

- The READY WRIST is not designed to prevent injury.
- If you experience skin irritation, pain or discomfort while using this product, immediately remove and contact your local heathcare provider.

WARRANTY

- READY WRIST braces are warranted to be free of material or workmanship defects.
- Any defective components may be replaced or credited at the discretion of Mobility Braces, LLC.
- READY WRIST braces are warranted against defects for one year from date of purchase.

CARE INSTRUCTIONS

- Hand wash in warm water with mild soap - do not machine wash or dry.
- Lay flat or line dry only - do not expose to direct heat sources such as heaters, hair dryers, direct sunlight, etc.

PARTS INCLUDED

- One (1) base wrist garment with thumb spica.
- One (1) rigid, bendable palmar stay (removable).
- One (1) rigid, bendable thumb spica stay (removable).