

READY ANKLE BY MOBILITY BRACES

The **READY ANKLE** is designed to help support and stabilize the ankle and foot while assisting in the control, positioning and motion of the ankle.

FITTING INSTRUCTIONS

1. Open the 2 front straps and leave back strap loosely fastened. While sitting down, position foot in the brace with the struts going up the leg and the brace hinge aligned with the ankle joint (A).
2. Loosely fasten the front/top strap. Then, make adjustments to both the back strap and the front/top strap until the brace struts are secure and properly aligned with the leg. When properly positioned, the struts should be positioned in the middle of the leg and the brace hinge should track naturally with the ankle joint (B). *NOTE: Once the back strap is set after initial application, you should not need to adjust this strap again as daily application only requires the front two straps to be re-applied.*
3. Wrap bottom/front strap counter-clockwise completely around ankle. Struts have grooves to help guide the alignment of this circumferential strap around both struts. Pull strap until it is comfortably snug (C).
4. Insert foot with brace properly applied into loosened shoe (typically, shoe size does not need to be increased, but it is often necessary to loosen shoe laces dramatically to allow foot and brace to fit within the shoe). Once comfortably in shoe, tighten shoe laces and secure shoe. Brace is designed to be utilized with a shoe (D).



WARNINGS

- The READY ANKLE is not designed to prevent injury.
- If you experience skin irritation, pain or discomfort while using this product, immediately remove and contact your local healthcare provider.

WARRANTY

- READY ANKLE braces are warranted to be free of material or workmanship defects.
- Any defective components may be replaced or credited at the discretion of Mobility Braces, LLC.
- READY ANKLE braces are warranted against defects for one year from date of purchase.

CARE INSTRUCTIONS

- Remove strut pads and straps.
- Hand wash in warm water with mild soap - do not machine wash or dry.
- Lay flat or line dry only - do not expose to direct heat sources such as heaters, hair dryers, direct sunlight, etc.

PARTS INCLUDED

- One (1) sized (S,M,L) lined base plate with two (2) padded, upright struts.
- One (1) 2" wide back strap with dual hook and loop closure.
- One (1) 1.25" wide front/top strap with dual hook and loop closure.
- One (1) 1.25" wide front/bottom circumferential wrap strap with dual hook and loop closure.