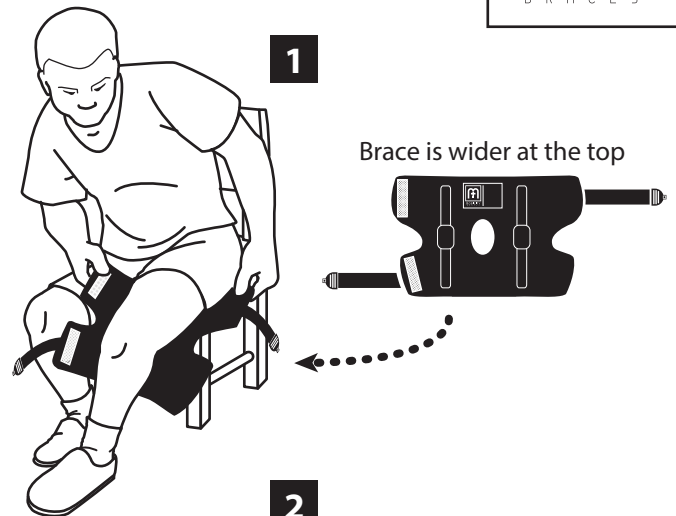


# How to wear your READY KNEE Brace



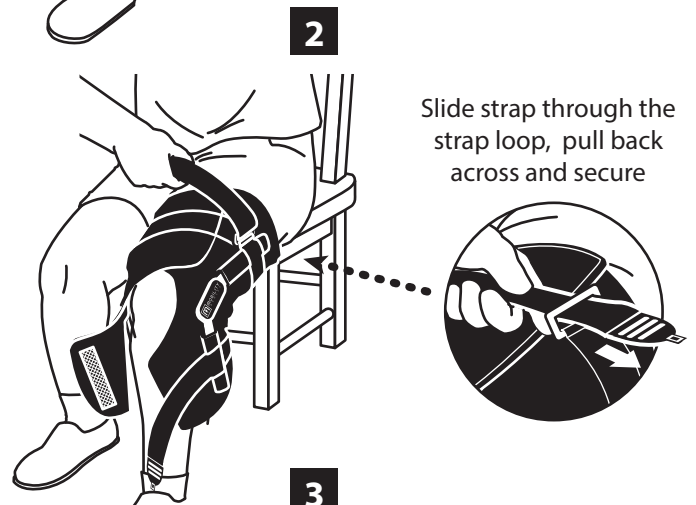
## STEP 1

Position the open brace behind the knee. The wider part of the brace goes at the top.



## STEP 2

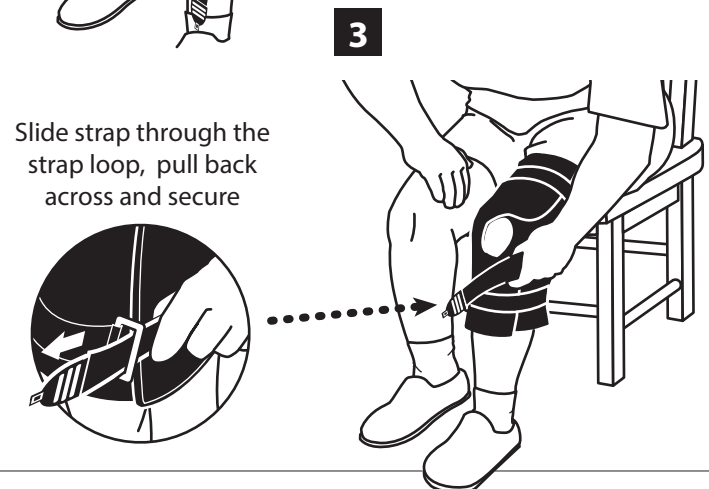
Secure the top closure around the thigh (loose fit). Make sure the brace is centered on the knee cap. Slide the strap through the square loop and secure.



## STEP 3

Gently secure the lower leg closure, making sure the knee cap is centered. Check that the hinges are positioned on the sides to allow correct movement. Adjust as needed.

Wear as directed by your physician.  
Can be worn under or over clothing.



### QUESTIONS:

If you have fitting issues call:  
**1-866-938-9162**  
Mon-Fri 8 a.m. to 5 p.m. MST



### CLEANING INSTRUCTIONS:

If the brace has removable hinges, take them out. Hand wash with mild soap and water. Lay brace flat and let air dry completely.  
**DO NOT** machine wash or dry.

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