

# READY WRIST<sub>w/THUMB SPICA</sub> BY MOBILITY BRACES

The **READY WRIST with Thumb Spica** is designed to help support and stabilize the wrist and thumb for a wide variety of indications.

## FITTING INSTRUCTIONS

1. Open all straps. Insert hand into brace with thumb going into thumb spica (**A**).
2. Pull lowest base strap through both lower D-rings and then fasten strap back down on itself. Repeat this again with the second strap (**B**). *NOTE: There are 2 D-rings for each strap to keep straps aligned and to help provide more balanced compression and support.* Next, fasten the strap closest to the knuckles (**B2**). All straps on brace should be comfortably snug. Adjust as necessary to maximize comfort and support or to accommodate changes in swelling patterns.
3. Fasten thumb spica strap (**C**). Strap should be comfortably snug and hold thumb in a secure position.
4. To improve comfort and to streamline the brace, you can trim the knuckle strap (**D**) and the thumb spica strap (**D2**).
5. Palmar and thumb stays can be removed and bent to better match contour and help maximize comfort if needed.



## WARNINGS

- The READY WRIST is not designed to prevent injury.
- If you experience skin irritation, pain or discomfort while using this product, immediately remove and contact your local healthcare provider.

## WARRANTY

- READY WRIST braces are warranted to be free of material or workmanship defects.
- Any defective components may be replaced or credited at the discretion of Mobility Braces, LLC.
- READY WRIST braces are warranted against defects for one year from date of purchase.

## CARE INSTRUCTIONS

- Hand wash in warm water with mild soap - do not machine wash or dry.
- Lay flat or line dry only - do not expose to direct heat sources such as heaters, hair dryers, direct sunlight, etc.

## PARTS INCLUDED

- One (1) base wrist garment with thumb spica.
- One (1) rigid, bendable palmar stay (removable).
- One (1) rigid, bendable thumb spica stay (removable).